

Drive Safe Driving School



Steering

Introduction

While getting better at *smoother gear changes* and starting to understand *clutch control*. It's now time to move onto the next lesson *Steering* using the *Pull-Push method*.

This method will reduce and stop crossing your hands ensuring you steer safely while going around corners.

So before you move onto the next part of your driver training it is very important that **clutch control, pull-push steering and smooth gear changing** become second nature with little or no conscious thought.

Lesson Aim's and Objective's

The aim of today's lesson is to look well ahead keeping the car on course while keeping in full control using the pull-push method of steering (complete the following car-park exercises)

Q, What is full lock? A, Once the front wheels are fully turned left or right this is known as full lock.

Subject brief

During this lesson you will learn how to keep your car on course and under full control using the **pull-push method** of steering while going in a straight line and turning corners.

This method ensures that you keep both hands in contact with the wheel at all times and that the wheel is never allowed to spin out of control.

The most important rule about steering is that you not only steer with your hands but also with your eyes!

You do this by looking where you want to go.

This tells your brain what to do with your hands.

Your *peripheral vision* (i.e. your vision to each side) helps you to keep your road position.

Turning Left.



Slide left hand up



Left hand grip and pull down,
Right hand slide down



Right hand grip and Push up,
Left hand slide up



Left hand grip and pull down,
Right hand slide down

Turning Right.



Slide right hand up



Right hand grip and pull down,
Left hand slide down



Left hand grip and Push up,
Right hand slide up



Right hand grip and pull down,
Left hand slide down